

Physical Education & School Sport Summer 2012

Editorial



We are fast approaching London 2012 and with it a once in a life-time opportunity to promote activity, education and school sport.

With this in mind, I am pleased to present our most comprehensive range of professional development opportunities in PE and Sport to date. These have been designed following feedback from schools and to help support you in capturing the imagination and enthusiasm of young people for activity across Surrey.

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We look forward to working with you.
Clayton Wilson, Babcock 4S Physical Education Consultant

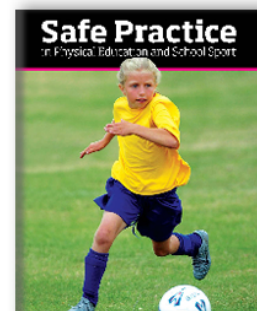
Health and Safety – New Guidance in PE and Sport

Before I outline courses on offer, I would like to take this opportunity to recommend to all schools the latest Association for PE (AfPE) Safe Practice in Physical Education and School Sport (2012 edition) manual.

This book provides an overview of health and safety across most areas of physical activity, education and school sport.

Further information on ordering can be found on:
<http://www.afpe.org.uk/membership-services/health-a-safety/safe-practice>

Alternatively the ISBN number is: ISBN: 978-1-90554094



In addition to the above, Surrey Local Authority have updated their guidance on swimming, supervision within PE and extra-curricular activity. This provides in-depth information, which can be used by schools to shape and inform local policy. This guidance addresses questions such as:

- Do I need a first aid qualification as a PE teacher?
- How many lifesavers are needed in school swimming lessons?
- What should I look for when employing a sports coach or company in school?
- What is a reciprocal accident procedure and how will it support off-site matches vs other schools?

This guidance is now available on-line from Babcock 4S and the Surrey Fronter Platform (head to the PE pages).

Professional Development Opportunities

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Early Years – Examining Physical Development in the Foundation Stage

This course provides an opportunity for colleagues to explore the new Early Years curriculum with a specific focus on physical development, one of the three prime areas of learning.

Who is the course for?

- Colleagues that support or lead physical development in the Foundation Stage

How will this course support you?

We will discuss and work through a range of ideas including:

- Cognitive and physical development in children – making the connections
- Practical teaching ideas for physical development
- Using physical development, health and well-being to tailor the learning environment
- Brain Gym and the benefits of activity and diet on concentration and learning
- Developing an engaging play space including outdoor climbing equipment
- Key aspects of health and safety

This course provides the perfect opportunity to develop ideas, resources and thinking in physical development, all with the aim of supporting progress and achievement.

Feedback Quotes:

- A great course it has enabled me to look at physical development activities in a new and exciting way.
- Great resources! Great practical ideas and theory behind them! Very well presented! Thank you!
- Love learning thro' play.

Code	Date	Venue	Time	Cost
12T/06132	17/09/12	Kenyngton Manor Primary School	9.30 – 15.00	£145 (exc VAT)
12T/06133	12/10/12	Leatherhead Leisure Centre	9.30 – 15.00	£145 (exc VAT)

A Policy for Physical Activity, Physical Education and Play

This course is being re-run due to demand from schools. Places are limited in order that individual support and advice to specific schools can be given.

Who is the Course for?

- PE Subject Leaders in the Foundation Stage and Primary Phase

Do you need to review or improve your Physical Activity Policy but are unsure where to start? Have you often wondered where you can get hold of template documents, reducing the time and cost of purchasing new resources? Let this course ease the burden.

The P Word provides all the elements you will need to design or improve your Physical Activity Policy. The course is designed to enable you to update new material so that by the end of the day a Physical Activity Policy is complete and ready for review back at school.

Group sizes are kept deliberately small so that support can be tailored specifically according to school need.

Feedback Quotes:

- Brilliant course – so helpful to have this time to complete all the work
- Very useful – I now have a very comprehensive policy to take back to school
- Very satisfied. Efficient, painless way of developing necessary policies
- Very satisfied – a course with real outcomes rather than just good intentions

In order to gain the most from the day you would be advised to bring along a memory stick to save files on to, current policy material if any and an electronic copy of your school emblem, so that you can paste onto documentation.

Code	Date	Venue	Time	Cost
12T/06354	16/11/12	Guildford Schools' Training Centre	9.30 – 15.30	£145 (exc VAT)
12T/06355	08/02/13	Leatherhead tbc	9.30 – 15.30	£145 (exc VAT)

Teaching and Learning in Gymnastics + Safety Briefing (Primary)

Who is the course for?

- Class teachers leading gymnastics
- Subject Leaders for Physical Education
- Secondary teachers who lead or support primary school gymnastics

How will this course support you?

This course aims to provide understanding in the following areas:

- When and where to place mats in gymnastics
- Guidance on activities leading from the floor onto intermediate and high apparatus
- Access to electronic copies of resource material (Top Gymnastics and Core Task cards)

Code	Date	Venue	Time	Cost
12T/06014	13/09/12	Kenyngton Manor Primary School	16.00 – 18.00	£88 (exc VAT)
12T/06356	20/09/12	Sandfield Primary School	16.00 – 18.00	£88 (exc VAT)

Supporting and Leading Physical Education in Primary Schools

This course has been designed to provide colleagues with an understanding of the essential skills needed to lead or support physical education in Key Stage 1 and 2.

Whilst not intended to be an end in itself, this course will provide ideas to lead or support a variety of activities common place in physical education, namely games and aspects of dance and gymnastics. In addition, guidance will be offered on the roles of teaching assistants and higher level teaching assistants in PE and how to assess risk including reducing known hazards.

Who is the course for?

- Qualified teachers seeking additional guidance on teaching PE
- Teaching Assistants and Higher Level Teaching Assistants
- Middle Leaders of Physical Education looking for additional guidance on practical ideas within PE and how best to employ support staff in physical education

The course will include a practical element and as such, colleagues should be prepared for physical activity (please dress accordingly)

How will the course support you?

- Clarity on the role, qualifications and procedures needed for leading and supporting PE
- Practical teaching ideas and resources to support on-going learning in PE

Code	Date	Venue	Time	Cost
12T/06025	05/10/12	Leatherhead Leisure Centre	9.30 – 15.00	£145 (exc VAT)
12T/06026	07/12/12	Kenyngton Manor Primary School	9.30 – 15.00	£145 (exc VAT)

Swimming Pool Operating Procedures (relevant for primary, secondary and specials)

This course is designed to provide schools with all the relevant materials needed for safe swimming in the school curriculum (and extra-curricular activity). Do you offer swimming in school and would like to review provision? This course may well be a one-stop solution!

Who is the course for?

- A PE Subject Leader looking to update their Physical Activity (including PE) policy.
- A new or existing PE Subject Leader who needs to review their policy material and wants to save time in developing new material.
- Colleagues such as bursars and swimming teachers looking for exemplar policy material in swimming
- Parent Teacher Association (PTA) colleagues looking to establish a holiday swimming club for parents and their children

How will this course support you?

This course will provide you with the following information and relevant materials:

- An overview of swimming and documentation required for safe provision
- Guidance on supervision, ratios, normal operating procedures and emergency action plans
- Pool plant risk assessments and suggestions on how schools can manage facilities effectively
- Template materials that can be tailored (on the day) with 1-to-1 support
- Clear guidance on qualifications required (school staff and hired coaches)
- Sample PTA holiday agreements and membership

Code	Date	Venue	Time	Cost
12T/06350	30/01/13	Guildford Schools' Training Centre	9.30 – 12.30	£103 (exc VAT)
12T/06352	08/03/13	Leatherhead tbc	9.30 – 12.30	£103 (exc VAT)

Child Welfare in Physical Education and Sport (relevant for primary, secondary and specials)

Who is the course for?

- Class teachers of physical education (primary, special and secondary)
- Middle leaders of physical education
- Teaching Assistants and Higher Level Teaching Assistants (HLTA) supporting PE

How will this course support you?

This course aims to provide understanding in the following areas:

- Overview of Child Welfare specific to PE and Sport
- Changing and supervision arrangements for physical education and during extra-curricular activity
- Qualifications and experience needed for a teacher, TA or sports coach to lead activity
- Process for hiring a sports coach or company to support PE in schools
- How to plan for off-site activity i.e. off-site sporting competition such as district athletics
- Supporting health and safety including risk assessments and emergency action planning

Code	Date	Venue	Time	Cost
12T/06037	08/10/12	Guildford Schools' Training Centre	9.30 – 12.30	£103 (exc VAT)
12T/06038	31/01/13	Guildford Schools' Training Centre	9.30 – 12.30	£103 (exc VAT)

Assessment in Physical Education (secondary and special schools)

This course provides an opportunity for colleagues to reflect on assessment and effective methods to track pupil progress within PE. Reference will be made to recent subject reports in PE, the Ofsted framework and the use of assessment in core PE.

Recent Ofsted subject reports have highlighted gaps in assessing pupil progress in Key Stage 4 (core PE) and levels of achievement within typical KS4 option blocks. Evidence for this will be examined and discussion held on effective ways forward.

Who is the course for?

- PE teachers with an interest and / or responsibility for departmental assessment
- Heads of Physical Education

How will this course support you?

- Understanding of Ofsted subject specific inspections (relevant to assessment)
- Identifying solutions to ensure pupil progress is tracked in KS4 (core PE)
- Overview of County and National assessment trends – National Curriculum levels
- Strategies to support pupil progress within PE
- Reflecting on curriculum provision and how best to support high achievement within PE

Code	Date	Venue	Time	Cost
12T/06017	28/11/12	Guildford Schools' Training Centre	9.30 – 15.00	£145 (exc VAT)

Trampoline – British Gymnastics Part 1 Teachers Award

Successful completion of this 2-day course enables qualified school teachers* (* British Gymnastics course requirement) to lead trampoline activities as part of curricular and extra-curricular physical education.

Who is the course for?

- Secondary school PE qualified teachers
- Special school PE qualified teachers

This course qualifies you to lead the following skills:

- Erecting and dismantling a trampoline
- Kipping techniques
- Seat, back, hands, knees and front landings e.g. front drop
- Shaped jumps e.g. straddle jump
- Twists
- Basic combinations e.g. seat drop to front drop
- Half twist to and from seat, back and front drop
- Swivel hips (seat drop, half twist, seat drop)
- Simple sequence construction

This course has a practical element and teachers will be expected to demonstrate competence in the skills outlined above. Please come dressed ready for trampoline activities.

Code	Date	Venue	Time	Cost
12T/06359	17/09/12 & 18/09/12	Leatherhead Leisure Centre	9.00 – 17.00	£220 (exc.VAT)
12T/06361	28/01/13 & 29/01/13	Leatherhead Leisure Centre	9.00 – 17.00	£220 (exc.VAT)

Trampoline – British Gymnastics Part 2 Teachers Award

Successful completion of this 2-day course enables qualified school teachers* (* British Gymnastics course requirement) to lead trampoline activities as part of curricular and extra-curricular physical education.

Who is the course for?

- Secondary school PE qualified teachers
- Special school PE qualified teachers

This course qualifies you to lead the following skills (in addition to those outlined in Part 1):

- Front somersaults including pike shapes
- Back somersaults including piked and straight shapes
- The use of an overhead rig for supporting somersaults
- Shaped seat, back and front landings
- Aerial twisting
- Full twists to and from seat, back and front landings
- Cradle, cat twist and half turn-table
- Somersault mechanics
- Competitions, routine construction and tariff of skills

This course has a practical element and teachers will be expected to demonstrate competence in the skills outlined above. Please come dressed ready for trampoline activities.

Code	Date	Venue	Time	Cost
12T/06363	12/11/12 & 13/11/12	Leatherhead Leisure Centre	9.00 – 17.00	£220 (exc.VAT)

Primary School Network Meetings 2012 -13

These meetings will be held once a term with the next series commencing at the start of the new academic year. Content is driven by colleagues to mirror school need, however, likely topics that will be discussed include: practical teaching ideas, the new National Curriculum (from Sept 2014), health and safety (including new Surrey guidance in gymnastics, swimming and use of sports coaches and effective learning strategies.

Code	Date	Venue	Time	Cost
12T/06344	25/10/12 13/02/13 13/06/13	Leatherhead Football Club	16.00 – 18.00	£120 (exc VAT)

Special School Network Meetings 2012 -13 (Secondary)

These meetings will be held once a term with the next series commencing at the start of the new academic year. As with the primary and secondary networks content is driven by colleagues to meet school need. Previous meetings provided a focus on: the inclusion spectrum, supporting pupils with Asperger's Syndrome - effective strategies relevant in PE, schemes of work and swimming.

Code	Date	Venue	Time	Cost
12T/06348	04/10/12 17/01/13	Guildford Schools' Training Centre	16.00 – 18.00	£105 (exc VAT)

Secondary School Network Meetings 2012 -13

These meetings will be held once a term. Meeting content is guided by Heads of PE but to provide an indication, in previous meeting we have discussed the 2012 Ofsted framework (relating high quality learning to PE), assessment trends (KS3 and KS4), active learning in PE and health and safety.

Code	Date	Venue	Time	Cost
12T/06001	03/07/12 10/10/12 07/02/13	Leatherhead Football Club	9.30 – 11.30	£120 (exc VAT)

Sports Coaches and Organisations working with schools

Excelling in your work with Schools

This is a new and innovative training course designed for anyone supporting PE and School Sport in schools. The goal is to enable colleagues to review their current provision, to reflect on where new opportunities may lie and where possible, to enhance their provision to schools.

Attendance will open up and provide an insight into the education market by providing knowledge of the very latest developments in education alongside expectations in learning (Ofsted and the National Curriculum) and child protection.

In addition, guidance will be offered across the following themes:

- Qualifications needed to lead activity in PE and Sport
- Coaching agreements, risk assessments and emergency action plans
- Off-site activity, coaching ratios and supervision
- The relationship of National Governing Bodies and School PE
- National expectations and County expectations



This course is led by Clayton Wilson, A Fellow at the Chartered Institute for the Management of Sport and Physical Activity (IMPSA). He is a qualified teacher, level 3 squash coach and play inspector.

Code	Date	Venue	Time	Cost
12T/06070	18/09/12	Leatherhead Football Club	9.30 – 15.30	£145 (exc. VAT)
12T/06381	09/10/12	Tandridge Confederation Learning Centre	9.30 – 15.30	£145 (exc. VAT)
12T/06382	14/12/12	Guildford Schools' Training Centre	9.30 – 15.30	£145 (exc. VAT)
12T/06383	10/01/13	The Runnymede Centre	9.30 – 15.30	£145 (exc. VAT)

Knowing the Schools' Market – Overview of the National Curriculum and Ofsted

This course has been designed for sports coaches, clubs, external agencies and wider community groups that would like to understand the National Curriculum and Ofsted framework. This is intended to help shape the provision offered by clubs and community groups to schools.

Who is the course for?

- Individuals working with schools such as sports coaches
- Community clubs and organisations
- External agencies and charities working in the education sector

How will the course support you?

- The course will provide insight into the subjects taught in schools and key reference points schools use to inform provision
- Overview of the Ofsted framework and the criteria schools are assessed against
- What teaching and learning looks like in schools' specifically active learning
- Discussion around how clubs and groups can match their service to what schools need

Code	Date	Venue	Time	Cost
12T/06018	23/11/12	Guildford Schools' Training Centre	9.30 – 12.30	£103 (exc. VAT)
12T/06028	07/01/13	Tandridge Confederation Learning Centre	9.30 – 12.30	£103 (exc. VAT)

Developments to watch out for

Sports Month

During the month of March 2013 a series of short twilight sessions through to full day courses will be held, all of which will be sports and activity specific. The idea behind this is to help support schools in diversifying sport and activity provision, within and beyond the curriculum.

Example activities we are hoping to include:

Zumba
Squash
Skateboarding / Roller Blading
Ultimate Frisbee
QR Codes and Orienteering
Street Dance
Parkour
Quidditch
Lifesaving & Swimming Teacher courses
Water polo and aqua aerobics

If you would like to see a specific activity added to this list please e-mail your ideas through to:

clayton.wilson@babcock.co.uk

A list of confirmed activities will be circulated towards the end of 2012.

Surrey MLE – Physical Education (live right now!)

A wide variety of resources have been uploaded onto the Surrey Fronter platform – Physical Education Room. Additional information is being added on a frequent basis. As a guide you can now download the following items:

- Tops Cards across gymnastics, dance, games and swimming
- Playground games
- Risk assessments and reciprocal accident procedure
- Short video clips to aid peer and self-assessment
- Examination data (for Surrey) and in-house training resources

<https://surreymle.org/>



SURREYMLE

Surrey Personalised Learning Space (PLS) and Learning Platform

Username:

Password:

Language:

[Forgotten Password](#) - (Your school administrator must have enabled this option in order for a one time password to be emailed)

The SurreyMLE is supported by Babcock 4S and powered by Fronter